



PHUKET HIDEOUTS PRESENTS — A SAMPLE LONG WEEKEND FOR TWO

3 Days · Phuket · Couple Sample

A sample shape, not a real booking. Yours is drawn around your dates and your pace.

PHUKET · SINGLE BASE · SHORT CUT

A NOTE FROM THE HOST

For two travelers

Three nights for two, one base. A short Phuket window that earns the headline mornings and the headline evenings without trying to be a full Thailand week. Longtail at dawn one day, Promthep at sunset the next, an arrival evening built soft, and one slow morning that doesn't ask anything of either of you.

The trip is curious, not frantic. At this length, the plan picks two activity days and lets the third evening do the cultural work.

I'll be with you across the three days — host, ground-ops, separate room at Jinda. Anything you want to skip, change, or stretch: I'm the call.

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The weekend at a glance

The shape of the three nights, before the day-by-day.

SAMPLE	True — marketing example, not a real booking
DATES	Any 3-night stretch (example shape; real dates set per inquiry)
DURATION	3 nights
ROUTE	Phuket (3 nights, single base)
TRAVELERS	Mary & Mark — a couple in their 30s or 40s, no kids on this trip.
ANCHOR STAY	Jinda Resort (Phuket)
HOST	Gabe (PH co-founder); separate room at Jinda, runs ground logistics
ROOMS PER ANCHOR	2 (one for the couple, one for Gabe)
TIER	Curated comfort — anchor stay at [bespoke]

A NOTE ON SHAPE

Three nights for two, one base. A short Phuket window that earns the headline mornings and the headline evenings without trying to be a full Thailand week. Longtail at dawn one day, Promthep at sunset the next, an arrival evening built soft, and one slow morning that doesn't ask anything of either of you. The trip is curious, not frantic.

A NOTE ON THE PARTY

Mary and Mark are travelers first. They want the longtail through Phang Nga's karst, the sunset at the south cape, the shophouses after dark. They also want a morning on the deck with coffee before anything starts. At this length, the trip picks two activity days and lets the third evening do the cultural work.

A NOTE ON MOBILITY

Motorbikes are the standard daily transport at Jinda — [bespoke] per bike per day. The couple can ride one or two — Gabe runs through the controls at check-in and picks the routes. Cars for the Promthep evening run and the Old Town drive.



SEGMENT 1 · PHUKET HIDEOUTS PRESENTS

Phuket

Three nights at a single base — longtail morning, Promthep sunset, Old Town evening.

Days 1 — 4 morning · three nights · Jinda Resort · Nai Yang

ANCHOR STAY

Jinda Resort

Three nights. Family-run, walkable to the north-coast beaches, a softer landing than the Patong-side hotels.

Three Phuket nights at a single base. Day 1 is the arrival soft-land; Days 2 and 3 are the real activity days; Day 4 is the departure morning. The longtail launches from Phang Nga north of the airport, Promthep sits at the island's southern tip, Old Town is a thirty-to-forty minute drive east — Jinda's the right pivot for all three.

Nai Yang Beach — first walk, first dinner

A slow first night. Walk along the surf line as the light goes soft, then dinner picked spontaneously from whichever beach restaurant catches the couple on the stroll.

The flight lands in Phuket and Gabe meets the couple at HKT. Fifteen minutes to Jinda — room ready, a rinse, then straight out into the evening. Nai Yang Beach is right out front.

No booking, no plan, just walk and choose. After a long door-to-door day, a slow first night: walk, eat, sleep.

DAY 2 · SUN

Phang Nga Bay longtail morning + Old Phuket Town evening

The karst islands in the morning. Shophouses and lanterns at night.

A morning longtail through **Phang Nga Bay** — the karst islands, the still water, the light before the day boats arrive. Three to four hours on the water, back to Jinda for lunch. Built deliberately as the first real day so the rest of the trip has room.

Afternoon: open. Pool at Jinda, the Nai Yang surf line, a book on the deck. Coffee held over from breakfast.

EVENING — OLD PHUKET TOWN

A thirty-to-forty minute drive east into **Old Phuket Town** — Sino-Portuguese shophouses, Thalang Road on a quiet night, a sit-down dinner somewhere in the old district. If your trip's calendar lands a Sunday on this day, the Walking Street Market runs along Thalang and dinner is from the stalls; if not, the same district has standing restaurants worth the drive. The town is one of the cultural anchors of the island and works for two travelers without children far better than the daytime tourist run.



Thalang Road on a quiet night.

DAY 3 · MON

Slow morning + Promthep Cape sunset + Rawai seafood

A morning on the deck. A cliff at dusk. A pier for dinner.

A slow morning by design. Coffee on the deck. A Nai Yang swim if the surf's right, or a longer breakfast that runs to mid-morning. Lunch back at Jinda or at a nearby beach place.

EVENING SESSION WITH GABE — GUEST PICKS

One session at this length, your choice — held on the Jinda deck in the late afternoon before the drive south. The yin runs forty-five minutes — long held floor poses, the kind of session that does the work after a swim. The lecture is an hour of working talk from Gabe on building a life around teaching and travel in Thailand — closer to a long fireside conversation than a motivational session. Tell us before arrival which one fits.

Mid-to-late afternoon: drive down to Phuket's southern tip for **Promthep Cape**. The cape is the classic Phuket sunset viewpoint — high cliff, longtails coming home in the channel below. The drive south takes around forty minutes; arrive with time before the light.



Promthep at sunset — high cliff, longtails coming home.

After sunset, the run down to **Rawai pier** for the seafood. The pier has open-air places where you pick the fish from a tray and they cook it at the back. The kind of dinner that doesn't need a reservation but earns the night. Drive back to Jinda once the night has wound down.

Pack out, wheels up

The three nights cover Days 1 through 3 — the couple flies out on the morning of the fourth day.

A last slow morning if the flight allows — coffee on the deck, a final Nai Yang walk. Pack and check out. Gabe drives to HKT — fifteen minutes. Wheels up.

BEFORE YOU ARRIVE

A note before you arrive

A few things in this sample are deliberately open — places the couple decides on, not Gabe. If you want any of these committed to the schedule before you arrive, send a note and we update:

Day 2 evening — Old Town works year-round; the Sunday market is calendar-dependent. Tell us if you want the night pre-shaped versus walk-and-pick.

Day 3 sunset — Promthep + Rawai is the locked Phuket-couple evening at this length. If you'd rather swap it for a quieter beach restaurant on the north coast, we swap.

Yin or lecture — at this length you get one evening session with Gabe: yin yoga or a lifestyle-design talk, your pick. Tell us which one before arrival; we set the deck and the timing. Day 3 evening is the default slot but it can move to Day 2 if the Promthep run is the priority.

Day 3 morning — sample leaves it slow. If you'd rather take a half-day Phang Nga add-on (sea-cave kayak or a different bay run), we layer it in.

Pricing is bespoke — every couple's mix is different, and the per-day cost depends on your room, the bikes, and the activities you keep or swap. Send a note with the dates, and we send back a route.

This is one of many shapes a 3-day Phuket cut can take. Yours will be drawn around your party, your pace, your dates.

Everything else — bookings and ground-ops — is on Gabe. The day-by-day above is yours to read at your own pace.